

Psychic Observations of the Vital or Etheric Body (Part I of III)

By Cristo L. Bowers

During the last two years while teaching meditation and performing intuitive readings, I have had numerous opportunities to witness first-hand the functioning of the vital or Etheric body and to observe the relationship that that *body*, or aggregate of energies, bears to our *expression* of energies upon the mental, emotional, and physical planes. This body, again, an aggregate of energies, is, in fact, a composite of the energies that are mediated through the major energy plexuses known as the etheric centers or chakras. Depending upon the condition of the etheric chakras, that is, their relative state of functionality (which is defined as active, inactive, or partially active), the etheric body defines our fundamental expression of energies and determines, in effect, the energies through which we are able to engage our environment.

There are several factors that determine the overall functionality of any one particular center, but I have observed, at this time, a median level of activity that defines average humanity. Of course, I have observed chakra activity that is both above and below this median, but the median level of activity is the energetic benchmark of contemporary humanity and is inclusive of all cultures. This phenomenon is primarily due to the evolutionary tide of vibratory activity within which humanity is immersed, and has been immersed for millennia. It is this factor alone that is responsible for the apparently aggressive and violent expressions of humanity, for at this time, the energy that defines objectivity, including the mental and emotional fabric of humanity, arises through the individual and often coordinated energies of the second and third chakras.

The second chakra is our sex center, while the third chakra is our emotional center. Through the functionality of the second chakra we connect physically with others through the sex contact. When two people are intimate, the energies from these two chakras merge and form an identity. This fact is symbolized for us in the union of the male and female sex organs during the sex act, where “the two become one flesh”. The third chakra is the center through which we become aware of our feelings, first our own feelings, and subsequently the feelings of others. The coordinated energies of the second and third chakras results in the expansion of the ego through identification with those contacts arising out of and as a result of the sex contact. These two energies underlie and form what I refer to as the egoic-sex relations, or family units. The forces arising through the activity of second and third chakras are the energies in which the resources of the world are currently integrated at a global mental, emotional and physical level.

It is interesting to note that if the second chakra is closed, the person will generally avoid sex contact, and will perceive the sex act itself as something filthy and to be avoided. I have seen this condition repeatedly among women from various religious backgrounds, and also among those, both male and female, who have suffered sexual abuse as children. If the second chakra is

only partially or intermittently functioning, it generally results in sexual dysfunction. For men, second chakra dysfunction means the inability to achieve or sustain an erection. In women, second chakra dysfunction generally manifests in the inability to achieve orgasm, or even enjoy sexual intercourse. If the second chakra is functioning in either the male or female, but suppressed at the mental AND emotional level, that energy will occasionally travel up to the fifth center and awaken or increase the vibratory activity of the fifth chakra. This will, on occasion, cause reflex action upon the sixth chakra, and the person will subsequently start to have visions. If the third chakra is closed, the person will be perceived as emotionally cold. Simply, they will not engage their environment emotionally. They cannot! If the third chakra is closed while the second chakra is opened, the person will engage in sexual relations without engaging in emotional intimacy. When the emotional centers of both people engaging in the sex act are active, the energies of the second chakras are held in relation to one another through the energies of the third chakras, and upon the physical plane pair bonding is the result.

The second factor of major importance in awakening the etheric centers is the environmental conditions within which a child experiences his or her first few years of life, generally the first six months, for the vibratory activity that impinges, or does not impinge, upon the subtly pulsing centers is directly responsible for whether or not the center remains open, that is, in a condition to receive and/or transmit vibration, or closed, neither able to receive nor transmit vibration. This phenomenon is the underlying basis of the often downtrodden appearance and withdrawn nature of the orphan. During the first few months of life, he is unable to communicate with and so connect with his environment. In this instance, the parents probably never wanted the infant child in the first place yet bore it to full term for whatever reason. Subsequently, the energetic environment of the child, the orphanage, reinforces the energetic conditioning of the child by first, being placed with others of a similar, if not the same, type of energetic body, and second, by placing him in an environment within which he continues to be energetically and physically rejected. Literally, from an energetic perspective, this child exists in a room without windows and doors, for it is through the openings of the chakras that the child is able to communicate with his environment.

When a child is born, his etheric centers are in an active state. The infant child sends out pulses from his etheric centers into the surrounding etheric matter of his environment, including the etheric matter of his parents' bodies. The objective of these pulses is to communicate with and to connect to the open chakras of his parents in a primitive yet very advanced dialogue. If a response is not received from the opened chakras of his parents, that is, if that chakra is unresponsive, or closed, the chakra of the infant closes, probably to never open again in this lifetime. If enough of the chakras close during infancy, the physical form will die, that is, the particles constituting the physical appearance will *dis-integrate*, due to the fact that there is no force, mediated through the opened chakras, to hold them in form. This is the true cause of Sudden Infant Death Syndrome. In this way a child *communicates* with his environment through his various major centers until the infant child has effectively determined where it can connect to

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its environment. It is in this way that a parent impresses his or her energetic pattern, or sound, upon his or her child. It is in this way that the infant child's destiny is energetically written into his etheric body by the energetic patterns established in the etheric bodies of his parents and the surrounding etheric environment.

Part 2 of 3 of the *Psychic Observations of the Vital or Etheric Body* will be published April 1, 2009. Please contact www.thelightonthepath.com with questions or comments, or call (734) 945-8828. The author, Cristo L. Bowers, is a psychic, published writer and poet, mediation instructor, and champion of the human spirit.